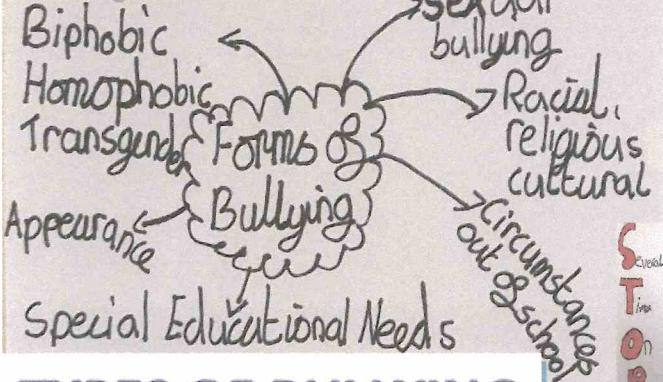


When is it bullying?

Bullying is not just failing; falling out with someone or being hurt by somebody, it is deliberately planned to upset a person or group of people.



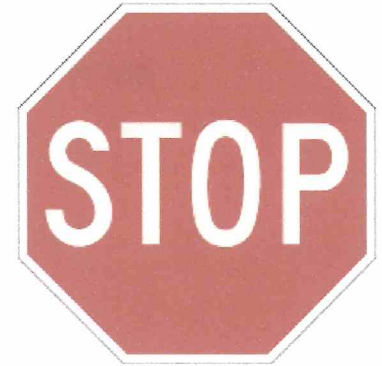
TYPES OF BULLYING

WHAT IS BULLYING?

Several
Times
On
Purpose

Bullying is:
 Several times
 ON PURPOSE!
 Bullying can take the forms of:

- * physical
- * Emotional
- * Verbal



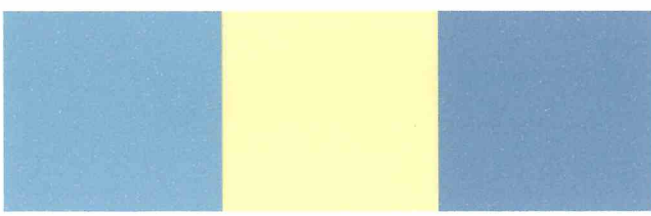
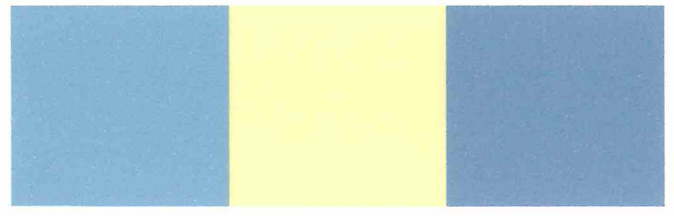
What are restorative conversations?

At our school we take responsibility for our own behaviour using restorative conversations. When something happens (fall out with friends etc) we work together to try and make amends by using our 4 R's

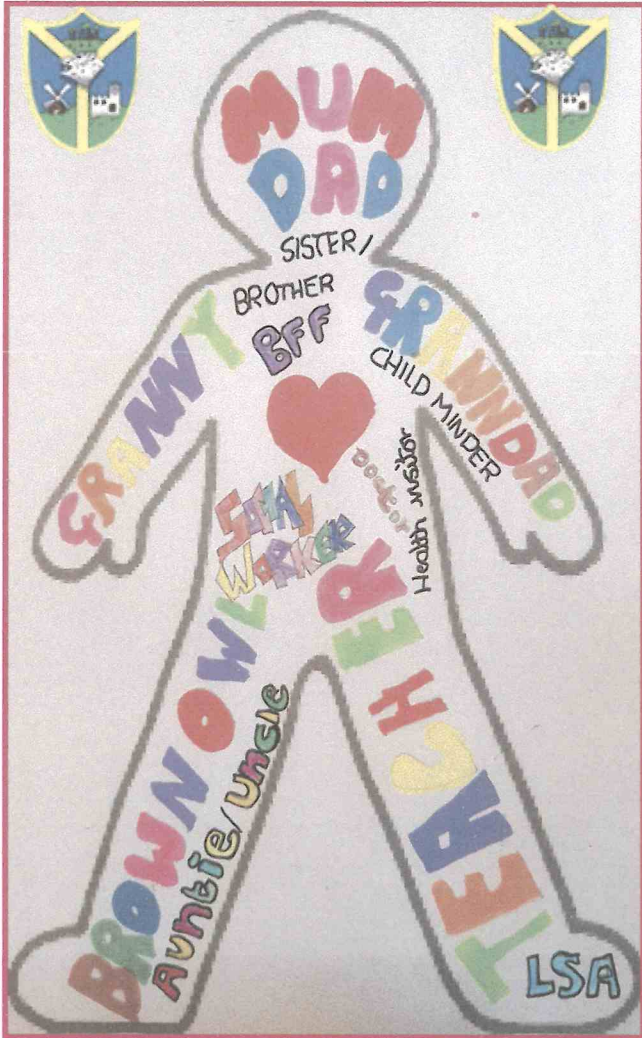
- * respect
- * responsibility
- * repair
- * reintegration

During the conversation we talk about who has been harmed and who is the harmer and how their actions have made the other person feel. We then talk about how we can avoid this happening again.

★ Restorative Conversations ★



WHO CAN I TALK TO?



If I am being bullied, what should I do?

<p>Do</p> <ul style="list-style-type: none"> - Use eye contact and ask them to stop. - Ignore them. - Walk away and act like you don't care. 	<p>Don't</p> <ul style="list-style-type: none"> - Do what they say. - Look upset or cry. - Get angry. - Retaliate.
--	---

Remember, it isn't your fault!

START TELLING OTHER PEOPLE

At our school, we are a family and we do everything we can to stop bullying from happening. We do this by:

Listening	"This is me!"
Make sure we are kind to each other	Take action if we see anything
Showing respect	Know what bullying is and isn't

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Barwell Church of England Academy,
 High Street, Barwell, Leicestershire.
 LE9 8DS



OUR ANTI-BULLYING POLICY

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 @barwellacademy

Barwell Church of England Academy,
 High Street, Barwell, Leicestershire.
 LE9 8DS
 Tel: 01455 842047
 www.barwellacademy.org