

BARWELL

EXTRA

FOOD, GLORIOUS FOOD!

SILVER AWARD

Create an information leaflet about how to eat healthily.

Create a piece of art work using food packaging.  
(This could be a collage or something very adventurous like a sculpture - the choice is yours!)

Make a healthy smoothie and/or mocktail with the supervision of an adult.

Signed by a parent/carer.....

Signed by my teacher.....

Date .....

GOING THE EXTRA MILE...