

**BARWELL**

**EXTRA**

**FOOD, GLORIOUS FOOD!**

**BRONZE AWARD**

Make a menu for a restaurant that will promote Healthy Eating.

Keep a food diary for 2 weeks.

Make your own fruit salad with supervision from an adult.

Signed by my teacher.....

Signed by Parents.....

Date .....

**GOING THE EXTRA MILE...**