





PE Days

Monday – Y6

Tuesday - Y5

Wednesday - Y3

Thursday - Y4

On your child's PE day, they are required to come to school wearing the following:

- Round necked white T-shirt and school jumper
- Blue or black shorts in the summer
- Blue or black leggings or jogging bottoms in the winter
- Trainers
- Bare feet for gymnastics
- Plimsolls for indoor work
- Warm clothing (plain track suit or similar) for outdoor winter sports
- Waterproof coat or jacket
- **NO** brightly coloured or patterned leggings
- NO bare midriffs
- All jewellery and watches <u>must</u> be removed by the child during P.E. and swimming lessons
- Inhalers **must** be available for all P.E. lessons and any school competitions
- Long hair must be tied back during P.E. and swimming lessons

