

# Barwell C.E. Academy visit Boreatton Park.



## Our Year 6 residential.

This leaflet includes information about our Year 6 residential to Boreatton Park. It has been written as a general guide to try and answer the questions we get from parents each year. The information in this leaflet is as accurate at the time of writing but each year, the trip is adapted to suit availability and the needs of the children and so details may alter slightly.

Please keep this leaflet for your records.

## What is Boreatton Park?

Boreatton Park is an adventure centre education centre located in Shropshire. It is owned and run by a company called PGL. Adults like to think that PGL stands for Peter Gordon Lawrence, who founded the company in 1957. However, the children all know that it really stands for “Parents Get Lost” – sorry about that!

PGL offer adventure programmes and experiences to over 250,000 guests per year at their centres across the UK and France. They offer high/low, dry-land and water-based activities as part of a tailor made programme designed to encourage personal and social development. Their programmes help to raise self-esteem, encourage resilience and give children a wonderful sense of achievement.

Boreatton Park is the biggest and most popular site that PGL have to offer. It consists of 250 acres of grounds which includes two supervised lakes and part of the River Perr. It is set around a beautiful mansion house with grounds so large that they say it will take at least a week to explore! Boreatton Park offers more activities than any other PGL adventure centre in the UK.

We choose to visit Boreatton Park because of its facilities and the fact that the activities they are able to offer us suit us on our week-long residential trip. They are able to offer a program that suits our school and we have always been happy with the experience that they are able to offer our children. PGL security staff patrol the site throughout the day and night to ensure that the site is safe.

**The groupie:** When we arrive at Boreatton Park, we are met by our groupie or groupies (depending on the size of our group). This is a member of the PGL staff who acts as our tour guide for the week. They are responsible for making sure we are where we need to be with everything we need, in order to make the most out of our visit. They also entertain the children in between our timetabled activities and run a lot of the evening sessions. These groupies are full of fun and enthusiasm and the children love getting to know them.

For more information about PGL and Boreatton Park, including an interactive map, visit: [www.pgl.co.uk](http://www.pgl.co.uk) or for a virtual tour, visit: [www.pgl.co.uk/Files/Templates/Designs/PGLCore/res/swf/virtual-tour/boreatton-park/tour](http://www.pgl.co.uk/Files/Templates/Designs/PGLCore/res/swf/virtual-tour/boreatton-park/tour)

**PGL Boreatton Park, Baschurch, Shrewsbury SY4 2BA. Phone: 0333 321 2100 (central office)**

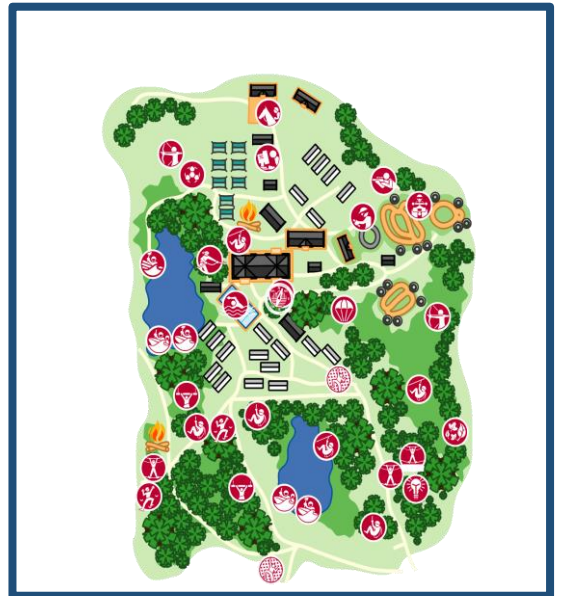
## What we do at Boreatton Park.

This residential trip offers an outdoor adventure experience that links well to parts of the physical education curriculum. The activities provided can vary from year to year but usually include orienteering, rock climbing, canoeing, raft building, the giant swing, aeroball and many many more!



The children are usually split into four groups (depending on the number of children that we take with us). This group is solely children from our school and is led by a member of Barwell C.E. Academy staff. The children participate in activities, that are supervised and run by PGL staff, during the majority of the day and then they have an evening activity led by PGL staff too.

Each year, we submit our activity preferences to PGL and they develop a timetable to suit us. The activities that we choose are the ones that have proven to be most popular in previous years and meet the Outdoor and Adventurous Activities (OAA) elements of the PE Curriculum.



An example timetable of activities of a week at Boreatton Park:

	Morning session		Lunch	Afternoon session		Dinner	Evening session
Mon				Arrival at centre			Campfire
Tues	Canoeing			Aeroball	Sensory trail		Ambush
Wed	Raft building			Quad biking	Rifle shooting		Passport to the World
Thurs	Giant swing	Orienteering		Archery	Zip wire		Disco
Fri	Climbing	Problem solving		Departure ☹️			

These are just a small selection of the activities that are available at PGL's Boreatton Park – it is so hard to choose our preferences each year! We always sign up for a “multi-activity” programme which allows us plenty of variety in our week's activities – that way there should be something in there to suit everyone.

#### A selection of Boreatton Park's activities:

**Aeroball:** A cross between trampolining, basketball and volleyball - it's an exhilarating, high-energy sport. Four players learn the basics required - then spring into action! The aim is to get the ball into the opposing players net. As well as being lots of fun, the children develop team tactics and improve communication skills along the way.



**Climbing:** Children need to combine different skills including perseverance, strength, an ability to deal with heights – as well as trust in their belay partner and equipment. Those who have never tried it before often find it an exhilarating experience. Climbing at PGL may take place on indoor walls or outdoor climbing towers but all of them use a top-rope belay for safety.

**Giant swing:** This is the ultimate test of nerve and joint decision-making. Two children are harnessed into the swing, while other members of the group haul them up to 10 metres into the air. After the group in the swing decide together how high they want to go, a pull on the ripcord sends them plummeting earthward. It's a fast and exhilarating drop, but good communication helps those at the top to get the right balance between fear and fun!

**Problem solving:** These sessions test children's initiative and ingenuity. Children work in small teams to solve puzzles and complete set tasks. By the time they finish, they often have an appreciation and understanding each individual's ability (including their own!) when it comes to planning, communicating and making decisions – skills which are all key to achieving the objectives of each task.

**Raft building:** The children's challenge is to design and build a robust and working raft. There's always a number of components available, including large plastic barrels, ropes and poles. PGL staff can give as much or as little support as we feel the group needs but it's a great



teamwork exercise that helps the children improve their communication, problem-solving and decision-making. Once the rafts are ready to launch, the fun begins on the water!

**Sensory trail:** The sensory trail is a challenge in more ways than one. During the activity the children negotiate a series of obstacles – blindfolded – with the other members of their group for guidance. It's a challenge which raises questions about our abilities and assumptions; it demands mutual trust, self-belief and effective communication to complete the course successfully. Plus, it's hilarious for the Barwell staff to watch!! ☺



For more information (and explanations) about the activities offered on a multi-activity programme, please visit: <https://www.pgl.co.uk/en-gb/school-trips/primary-schools/courses/multi-activity>

### **Our aims for the trip:**

As well as being a lot of fun, we hope that the children in Year 6 get a lot out of their residential experience. A few of the elements we hope they will develop include:

- Leadership, teamwork, communication and problem solving as key skills.
- Renewed enthusiasm and motivation for learning.
- Overcoming new challenges with the support of their peers, teachers and PGL staff to develop character, resilience, self-confidence and independence.
- Social awareness.
- Ability to recognise achievements – of themselves and those around them.
- An appreciation for the benefits of health and physical fitness as well as for the great outdoors.



### **RAF Cosford.**

On our way to PGL, we make a stop on our journey to Boreatton Park at the RAF Cosford museum in Shropshire. As well as providing a toilet stop and a place to have lunch, it is fantastic museum to explore. Whilst we're here, we split into two groups and we usually spend time looking around the various galleries and hangers, enjoy a 4D flight experience and visit the "Fun 'n' Flight" interactive gallery where we get to do some experiments that help explain how aircraft fly.



In addition to this, we participate in one of the museum's workshops. In 2019, when we began the Great Barwell Learning Adventure, we changed the workshop to the "Spirit of the Blitz" where they use original artefacts, replica clothing and a mock air raid to help the children to understand some of the complexities of life in Britain during World War 2. This links in well with the Year Six learning journey during that term: Let's Blitz This! It's great for the children to see their learning come to life during their time at the RAF Cosford museum.



For more information about the RAF Cosford museum, visit: [www.rafmuseum.org.uk/cosford](http://www.rafmuseum.org.uk/cosford)

## Departure and arrival details.

**Day 1 – departing school:** Children are asked to arrive at school at around the normal time. If the weather is dry, we have a table located in the front yard where you are able to register that your child has arrived. At this time, we will ask if there are any labelled medications to be handed in (with the relevant paperwork providing us with permission and instructions to dispense the medication) and if the child has any spending money (to be handed in in a labelled purse or envelope). We always have additional medication dispensing forms and money envelopes available.

Once the child has been checked in, we usually guide them down the side of school to the lower playground where they will wait for the bus, find their group leader and go to the toilets. We have started to organise bags into piles based on size as it makes loading the bus much smoother. We would ask you to ensure



that there is nothing tied onto a suitcase handle as it will have to be removed before being loaded onto the bus.

After the children have all checked in and the bus has arrived, the adults begin to load the bus. It is preferable to keep the children on the lower playground as it is quite hectic and we will be close to the road. We absolutely love it when parents offer to help though as it speeds things up for us!

Whilst the final bags are being loaded onto the coach, we arrange the children into their groups before taking them down to the coach. As the children board the coach, we do a register to ensure that the correct number of children (and adults) are climbing aboard. It is then time to wave goodbye as we head off on our journey. **The bus usually departs between around 9:45 and 10am**, once all of the bags and children are loaded.



Our journey is in two parts as we make a stop at RAF Cosford (details above) on our way. We usually arrive at PGL at around 3pm. When we arrive at Boreatton Park, we contact the school who try to send a text to parents to let them know that we have arrived safely. We'll also update the @Barwelltrips twitter page and tag the school so you can see we have arrived.

**Day 5 – returning to school:** We aim to leave Boreatton Park at around 1:30pm – once we've had lunch, been to the toilets and loaded the many bags onto the coach. These times may vary based on how long it takes us to load the bus with bags and the children. As we pull away from Boreatton Park, we make contact with school to let them know we have departed and our estimated time of arrival back at school.

The return journey is **always planned for us to return to school at around 4:30pm**. This has to be a very flexible expected time of arrival as we are travelling around Birmingham on a Friday afternoon – traffic is not always our friend. We keep in touch with school throughout the journey so that they can make contact with parents should

our arrival time be delayed. If we arrive back earlier than expected (it does happen sometimes), then we will keep the children safe in school until an adult is able to come and collect them.

We have booked the trip to return after 4pm so that it doesn't interfere with the end of school day routine and so that we are able to park on the zigzag lines in front of school.



When the bus arrives back at school, we ask the children to remain on board whilst we unload suitcases. The adults will begin to unload the luggage and place it in the front yard. Bedding will usually be separate to suitcases. Once you have retrieved the luggage, we will either let the children off the bus into the front yard or ask you to approach the bus door so that we can release children directly into the care of their adults. This will be decided upon arrival back at school based on how busy the school's front yard is so that we can keep children and adults safe. All children will need to be collected by an adult after this trip.



**Lost property:** Anything left after all of the children have been collected will be taken to the Year 6 classrooms for children to look through the following week. Important fact: children don't pack as well as adults so it is always worth checking with them that everything they have put on the bus has been collected before you head home to hear about their amazing adventures! ☺

### How the booking process works.

The school make our booking with PGL over a year and a half in advance (so were eligible for a small PGL discount) and so we try to give families plenty of time to make all of the payments. Payments can be made in large or small chunks. You do not have to follow the exact amounts set on ParentPay. We will monitor payments based on the set payment schedule and will send reminders to ensure that people are not left with a large amount to pay just before the trip.



**Initial bookings:** A letter will be sent home detailing the dates and the estimated costs for your child's trip. These do vary from year to year. There will then be an option to make payments via ParentPay and once you have made a payment, we will add the child onto the list of children who will be attending the trip. There is no reply slip on the letter as the initial payment acts as your booking and then the medical form (which is sent out a few weeks before departure) is the formal consent for the child to attend the residential visit. Once we have confirmed the number of children interested in the trip, we are able to provide the final costings

for the trip. There is sometimes a slight variation as the total cost of elements of the trip have to be calculated to suit the final numbers attending. We will then make the final calculations, update ParentPay and inform you of the final costs. This usually happens in around December of Year 5.

**Costs:** The amount that is charged covers accommodation, transport, activities and all meals during the trip. The cost of the trip will be reduced to half price for all

pupils who qualify for Pupil Premium Funding (eligible for Free School Meals now, or at any point in the last 6 years).

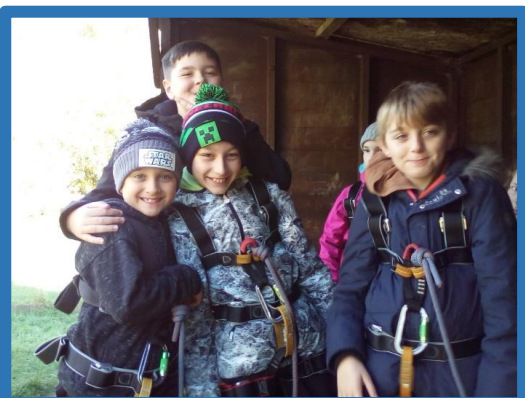


**If you feel that there is a possibility that your child may be entitled to Pupil Premium Funding, please contact our school office and they will be able to guide you through the simple process of making an enquiry.**

**Late bookings:** If your child is not interested initially, but changes their mind later, please contact the school as we are sometimes able to add children onto the trip. We would ask for a payment

(amount varying based on how close to the departure it is) before we make contact with PGL/Boreatton Park. This is because once we have made the booking, we (the school) would then be obligated to make the payments for that space so we need a payment to act as a commitment to the residential trip. If we are unable to secure a place, the full amount paid would be refunded.

**Cancellations:** We deal with refunds following a cancellation on a case to case basis. Factors that we consider when deciding if a refund is possible include when the cancellation takes place, whether we are able to offer the place to another child and the reasons for the cancellation. As soon as you make the choice to cancel, please contact the office or Miss Thomasson, who organises the residential visits.



**Meeting for parents:** We aim to host a meeting for children and parents at some point before our departure for PGL. It often falls around the end of September/start of October. We will share information about the trip (a lot of which is included in this leaflet), have the opportunity to ask questions and provide a chance to see a slideshow video of a previous year's trip. If you have any questions outside of this meeting, please do not hesitate to contact Miss Thomasson who is responsible for the organisation of our school's residential visits.

**Risk assessments:** All risk assessments for the residential trip (including PGL, RAF Cosford, residential overnight and others) are available for you to view. They will be placed in reception for the month leading up to the residential trip.

**"Last minute reminder letter":** About a week before the trip, we will send out a letter with any final information we may feel is helpful. This will include how to get in contact with us if there is an emergency.

### **Why do we go in the October/November?**

There are a few reasons for this choice. Firstly, Boreatton Park isn't as busy at this time of the year. This actually gives the children a unique experience as the PGL staff are able to give our group more focussed attention. They also have the same instructors for different activities which is great as the children can develop a wonderful rapport with these staff and with their groupies! The Boreatton Park staff get to know the Barwell group really well – so best behaviour please!!



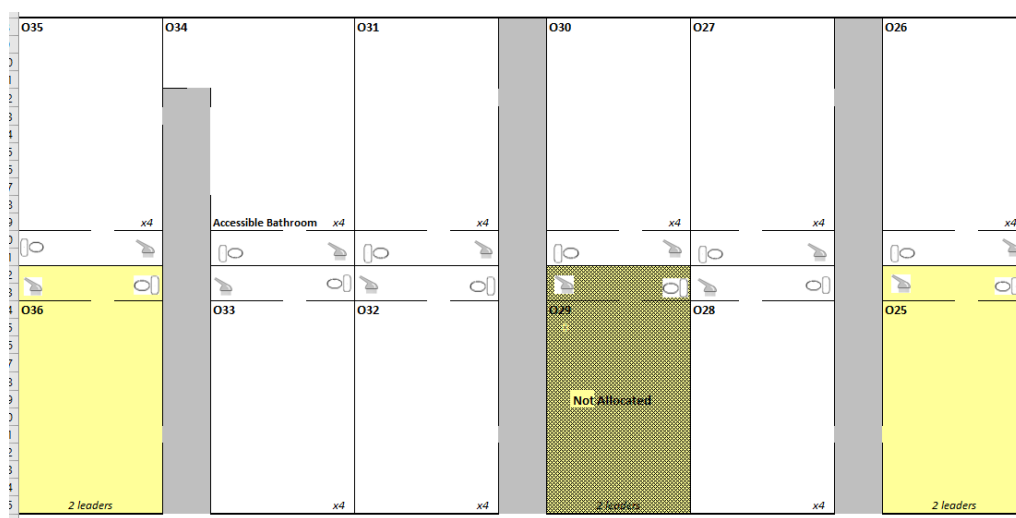
In addition to this, we work really hard to keep the cost of the visit as low as we can so that it is accessible to you as many of our families as possible. By choosing to go when we do, we manage to keep some of the costs slightly lower.



Finally, by going at this time of year, it gives the children a unique experience. At a time of year when most children would be spending their free time inside, it is lovely to see them wrapped up and enjoying the great outdoors – the children have the time of their lives when it snows there!

## Accommodation:

During our time on the residential, we stay in cabins/lodges - not the mansion, unfortunately! There are cabins throughout the main Boreatton Park site. Usually, we request "Osprey" or "Puffin" as our cabin choices as we feel these suit us as a school. These are sets of rooms in a block. Within the block, there is a corridor leading from the outside (shown as grey on the diagram below). Then, on each corridor there are three rooms for children (white). Each of these rooms can accommodate up to four children and they all have an ensuite bathroom. The cabins all have bunk beds for the children. There is also usually an adult room along each corridor (yellow). This is where our Barwell staff are located during the night. If there is not an adult room allocated to us within a corridor, the next corridor is just a few metres away. We put signs up to help direct children for if they need us during the night. The bedrooms at Boreatton Park have underfloor heating.



Although we like and need our sleep, the Barwell staff are available through the night if the children should need us for anything.



**Showers:** There are showers in each of the cabin's bathrooms. Children will be allowed to shower in the morning and in free time between activities. We discourage children from having a shower just before bed. After wet activities, such as canoeing and rafting, the children all take a shower in the nearby shower blocks. These showers are within individual cubicles in a larger toilet/shower block.

PGL ask that children shower here rather than in their own cabin after wet activities so that their wet clothes are not being taken into their bedrooms. There are also many more showers available so the showering process is much quicker. For showers after wet activities, children will need a "dry bag" as they don't return to cabin. Details of what this entails are in the packing section of this leaflet.

Any wet clothes are taken to a drying room so that they can be dried out for future activities and for packing.

**Sleepwalkers:** We occasionally have children who sleep walk. If your child is a known sleepwalker, please add it to the medical form to make us aware. If needed, we can talk to the other children in the cabin about what to do if someone sleep walks.

**Bedtime routine:** It is important that the children (and adults) get enough sleep so that we are physically well to take part in all of the planned activities. After the PGL-led evening activities, we head to “The Chill Out Zone” where we have a drink (hot chocolate or squash) and talk about plans for the following day. We also like to have a story to give us time to calm down after all of the excitement of the day. After that, we send the children to their bedrooms to get ready for bed. Our staff will often sit in the corridor/staff member’s (room with the door open) whilst children are settling down so that we can ensure it is a calm process to allow them to stay relaxed and ready for sleep. We give the children a short amount of time before heading in to say goodnight and lights out. We suggest that the children can leave the light on in their bathroom over night as it provides a bit of light for comfort and to help them navigate the room at night should they need to do so. Children are allowed to get up to go the bathroom as much as they require in the night/as they are falling asleep.

We will monitor the bedrooms until we are confident that all children are settled before we go to sleep. As mentioned previously, we are available during the night if children do need us for any reason.

If your child needs to wear something at night due to potential bathroom issues, we can make arrangements for them to get changed discreetly (and dispose of items in the morning) if you speak to us before departure.

### **The mess ... oh the mess!!!!:**

We encourage the children to take responsibility for their own bedroom space – this means keeping it tidy and learning to live in space with their peers! We have to monitor the situation to make sure that each of the bedrooms



is safe for children to be moving around in it during the night. However, one of our favourite games that we often like to play on Twitter is “Try and work out which room belongs to your child based on the state of it!” PGL do fun cabin inspections too. We do try to encourage the children to keep the spaces clean as it makes packing at the end of the week much easier. Some of the rooms do amaze us – by either how clean and tidy they are... or the opposite!

**Groups and cabin preferences:** A big part of the residential experience is spending time with friends. This might be during the day in groups or in the cabins. Generally, before departure, we ask the children to name two people who they would choose to be in a group/cabin with and then we try to organise groups to suit their requests. We ask the children to make a sensible choice – people who they can work/live well with for the week that won’t cause issues that might put a dampener on the trip. We try our hardest to make sure children are spending time with at least one person they’ve chosen for either the cabin or group.



## The Food.

The food at Boreatton Park is INCREDIBLE! It's one of the reasons so many Barwell staff want to go on the trip. However, we know that it can be a worry for some children that they are not going to be able to find something to eat for a whole week. This is very unlikely as there is always plenty of choice available. We do recommend that the children take a drinks bottle that can be refilled and carried around to activities as we are out and about for most of the day.

A sample PGL menu:



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Choice of 3 Cereals with Semi-Skimmed Milk Assorted Yoghurts White & Brown Toast with Preserves Porridge  Sausages (V) Quorn Sausages Scrambled Eggs Baked Beans Seasonal Fresh Fruit Hot & Cold Drinks	Choice of 3 Cereals with Semi-Skimmed Milk Assorted Yoghurts White & Brown Toast with Preserves Porridge  Bacon (V) Vegetable Sausages Hash Browns Plum Tomato Seasonal Fresh Fruit Hot & Cold Drinks	Choice of 3 Cereals with Semi-Skimmed Milk Assorted Yoghurts White & Brown Toast with Preserves Porridge  Sausages (V) Quorn Sausages Baked Beans Mushrooms Seasonal Fresh Fruit Hot & Cold Drinks	Choice of 3 Cereals with Semi-Skimmed Milk Assorted Yoghurts White & Brown Toast with Preserves Porridge  Bacon (V) Vegetable Sausages Scrambled Eggs Grilled Tomato Seasonal Fresh Fruit Hot & Cold Drinks	Choice of 3 Cereals with Semi-Skimmed Milk Assorted Yoghurts White & Brown Toast with Preserves Porridge  Sausages (V) Quorn Sausages Hash Browns Baked Beans Seasonal Fresh Fruit Hot & Cold Drinks	Choice of 3 Cereals with Semi-Skimmed Milk Assorted Yoghurts White & Brown Toast with Preserves Porridge  Sausages (V) Quorn Sausages Scrambled Eggs Mushrooms Seasonal Fresh Fruit Hot & Cold Drinks	Choice of 3 Cereals with Semi-Skimmed Milk Assorted Yoghurts White & Brown Toast with Preserves Porridge  Bacon (V) Quorn Sausages Hash Browns Spaghetti in Tomato Sauce Seasonal Fresh Fruit Hot & Cold Drinks
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Homemade Soup of the Day Choice of Breads Salad Bar  Pizza Meat or Vegetarian Potato Wedges  Seasonal Fresh Fruit Hot & Cold Drinks	Homemade Soup of the Day Choice of Breads Salad Bar  Homemade Pie or Pasties Choice of Meat or Vegetarian Gravy Mashed Potato  Seasonal Fresh Fruit Hot & Cold Drinks	Homemade Soup of the Day Choice of Breads Salad Bar  Hot or Cold Baguette Choice of Meat or Vegetarian Fillings Tortilla Chips  Seasonal Fresh Fruit Hot & Cold Drinks	Homemade Soup of the Day Choice of Breads Salad Bar  Pasta Bar Choice of Meat or Vegetarian Garlic Bread  Seasonal Fresh Fruit Hot & Cold Drinks	Homemade Soup of the Day Choice of Breads Salad Bar  Burger Choice of Meat or Vegetarian Fries Relishes  Seasonal Fresh Fruit Hot & Cold Drinks	Homemade Soup of the Day Choice of Breads Salad Bar  Jacket Potatoes or Rice Choice of Meat or Vegetarian Filling Homemade Bread  Seasonal Fresh Fruit Hot & Cold Drinks	Homemade Soup of the Day Choice of Breads Salad Bar  Fajitas Choice of Meat or Vegetarian Fillings Red Cabbage Slaw Tortilla Chips  Seasonal Fresh Fruit Hot & Cold Drinks
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Homemade Soup of the Day Salad Bar  Beef Lasagne Cumberland Sausages (V) Beetroot & Red Onion Tart New Potatoes Peas & Carrots Onion Gravy  Seasonal Fresh Fruit Chocolate Crispy Cake Hot & Cold Drinks	Homemade Soup of the Day Salad Bar  Gammon Chicken Goujons (V) Four Cheese Ravioli Potato Wedges Green Beans & Sweetcorn  Seasonal Fresh Fruit Toffee Apple Crumble & Custard Hot & Cold Drinks	Homemade Soup of the Day Salad Bar  Mexican Beef Chilli Fish Fingers (V) Sticky Hoisin Noodles Rice or Chips Mixed Vegetables Baked Beans  Seasonal Fresh Fruit Lemon Drizzle Cake Hot & Cold Drinks	Homemade Soup of the Day Salad Bar  Chicken Chunks with Sweet and Sour Sauce (V) Vegetable Korma Root Vegetable Bake Rice Broccoli  Seasonal Fresh Fruit Rice Pudding and Jam Hot & Cold Drinks	Homemade Soup of the Day Salad Bar  Meatballs in Tomato Sauce Chicken & Leek Pie (V) Cheese & Potato Plait Pasta or Potatoes Green Beans & Carrots  Seasonal Fresh Fruit Doughnut Hot & Cold Drinks	Homemade Soup of the Day Salad Bar  Chicken Nuggets Fish in Tomato & Mascarpone Sauce (V) Vegetable Pilaf Chips Mixed Vegetables  Seasonal Fresh Fruit Chocolate Chip Sponge & Chocolate Custard Hot & Cold Drinks	Homemade Soup of the Day Salad Bar  Roast Dinner Yorkshire Pudding (V) Macaroni Cheese Roast Potatoes Seasonal Vegetables Gravy  Seasonal Fresh Fruit Belgian Waffles with Topping Hot & Cold Drinks

For a closer view, visit: <https://www.pgl.co.uk/Files/DocumentManagerDocuments/Web/Menus/PGL-UK-Menu-English.pdf>

**Allergies/dietary requirements:** Part of the medial form for the trip will ask for dietary information – please provide us with information about allergies, intolerances and key important information (such as no butter on sandwiches). If we are given this information, we will pass it on to the catering team at Boreatton Park who will try and meet our needs.

In case of severe allergies, we may be asked to advise a parent/guardian to contact the Boreatton Park Food & Beverage department to discuss dietary requirements. **Boreatton Park aims to be a nut free site.** They ask suppliers to provide nut free products. However, some food items that are sent to Boreatton Park are made in factories that use these ingredients. PGL do not sell nut products in the shop.



## **Medical Information.**

There are a few steps to ensure we have the necessary medical information for a residential trip.

**Main medical form:** Usually just after the summer holidays, a medical form will be sent home. This medical form acts as permission for the child to attend the trip so it needs to be signed by the legal parent/guardian of the child. The medical form will have a "return by" date. This is important as the information needs to be passed to the PGL booking team to ensure that they are able to meet all of our dietary and medical needs during the trip.

The information gathered will be collated and this, alongside the form will be carried by the trip leader. The form collects information about medical conditions and dietary requirements. In addition, it provides us with additional details of emergency contacts, GP details and allergies.

If a child's medical/dietary requirements change in the weeks running up to the trip, please just contact us to obtain a new form.

**General medication (provided by the school):** Importantly, on the form, you will find the following options to tick/select to give us permission to administer age appropriate medications if we feel it is necessary to do so. The school provide these medications.

- |  |   |
|--|---|
| <input type="checkbox"/> Calpol          | <input type="checkbox"/> Children's Nurofen |
| <input type="checkbox"/> Anti-itch cream | <input type="checkbox"/> Piriton            |

**Inhalers** – For the reliever inhalers that we have for children in school, it is important to give specific permission/instructions for use on the residential trip. We require separate information to what you may have provided for school previously to take into account the additional and varied hours that the child will be in our care.

**Children will carry their own reliever inhalers.** On the medical form, there will be a section to fill in like this:

**Reliever inhaler:** My child has a(n) \_\_\_\_\_ inhaler. Dosage: \_\_\_\_\_ puffs when required. Can be repeated every \_\_\_\_\_ hours.

It is important for you to know that the information we gather will be taken with us on the trip and will be shared with PGL. The medical form acts as permission for the child to receive medication as instructed and any emergency dental, medical or surgical treatment, including anaesthetic and blood transfusions as considered necessary by any medical authorities present.

**Consent to attend the trip:** By signing the medical form, you will be giving consent for the named child to attend the Boreatton Park residential. You must give this consent on the understanding that, should it be required, arrangements for the child to be collected from the Boreatton Park site in Shropshire would need to be made and that you confirm that you will be able to make arrangements for the child to be collected if the Barwell Church of England Academy staff feel that it is appropriate or necessary for him/her to discontinue the residential experience.

**Other medications:** The week before departure, an additional form will be sent home to give permission/instructions for medications for your child. This form should be completed for any medicines that are specific to your child (excluding the blue/reliever inhalers). The form should be returned to school on the day of departure and handed in with the medication. We will keep a record of all medications administered.

### **Individual medications (medications from home):**

Full name **of child:** ..... is considered fit for this educational visit but requires the following medication to be administered:

Name of medicine: ..... Dosage: .....

Time(s): .....

### **Additional information.**

**Making contact:** If for any reason you need to contact us during the residential, please use the following:

School hours: contact Barwell C.E Academy on 01455 842047.

Out of school hours: contact the school trip phone on **07840718618** or send a text.

**Photos:** We should be uploading photos to the Year 6 Twitter account - @year6barwell – we will tag @Barwellacademy in all of our tweets so that they are shared on the school's page.

**Behaviour:** It is imperative that children behave during the residential. If we feel that a child's behaviour could be considered hazardous then it may be decided that the activity is not suitable for the child at that time.

### **What do you need to pack?**

The proper kit list will be sent home just after the summer holidays. Layers are the most important thing to consider. As we are going in the winter months and we plan to be outside for the majority of the time, it is important to wrap up warm.

Please consider the size of the bag you are packing – the coach is often VERY full and so space will be limited. A small cabin-sized bag with separate bedding (both labelled) is ideal. **Do not pack medication in the luggage!** Also, please don't tie sleeping bags onto handles of cases as we will need to separate them to put them into the luggage compartment. Pillows (in a LABELLED plastic bag) may go on the coach with the child to save space.

**Spending money:** There is a shop at the RAF Cosford museum and at Boreatton Park. We encourage children to save their money for the PGL shop. We also encourage the children to spend their money on something to act as a memento of the trip rather than snacks. Spending money is optional and we ask that a maximum of £10.00 is sent. Spending money should be put in a labelled purse/wallet or envelope and given to Barwell staff to look after at check in. We usually visit the Boreatton Park shop on Thursday evening.

**Spare kit:** If you are struggling to obtain some of the kit on the list, please contact the school as we have a selection of clothing and equipment that can be lent to children for the trip.



## A sample kit list for Boreatton Park:

### BOREATTON PARK

#### - Suggested Kit List -

Children will need plenty of old, warm clothes in case of wet & muddy weather.  
**PLEASE LABEL ALL ITEMS.**

*\* Barwell C.E Academy, PGL and the bus company are not responsible for any loss or damage that may occur during the trip.*

#### To hand in at check in:

- Optional spending money (in labelled envelope or purse) - £10.00 maximum.
- Medication (excluding blue reliever inhaler/epi pen). Clearly labelled with the form we will send to you closer to our departure date. Travel tablets should already have been taken for Day 1 and handed in for the return journey.

#### To carry onto the coach:

- 1 x packed lunch (in disposable container) and drink for Monday's lunch + 1x water bottle to use during the week. This can be carried in a small backpack.
- A warm, waterproof coat. Plus, hat, scarf and gloves.
- Bed time pillow (in labelled plastic bag) - to save room in luggage hold on coach.
- Blue reliever inhalers/epi pens.

#### To be put in the luggage hold of the coach:

Luggage should be packed in a cabin-sized bag - a suitcase on wheels would be very helpful as the children will need to carry their entire luggage to their cabins. Please don't tie anything to handles of cases as it will need to be removed when we load the coach.

#### General clothing:

For some children it helps to pack each day together at home. We have found that packing a day's clothing in a labelled (day/contents) Ziploc bag can help the children to manage their outfits better.

<b>For each general day (x4 Tues-Fri):</b>	<ul style="list-style-type: none"> <li>• Underwear.</li> <li>• Socks.</li> <li>• Trousers (leggings/jogging bottoms but not jeans).</li> <li>• T-shirt.</li> <li>• Warm jumper or fleece.</li> </ul> <p>It is important to pack at least 2 spare full outfits in case of bad weather.</p>
<b>Additional clothing:</b>	<ul style="list-style-type: none"> <li>• 1x disco outfit (can include jeans).</li> </ul>
<b>Nightwear (x2):</b>	<ul style="list-style-type: none"> <li>• Pyjamas or other nightwear.</li> <li>• Dressing gown/slippers are not required as the children will probably not have the chance to wear them and the cabins are kept warm by the underfloor heating.</li> </ul>
<b>Clothing for wet activities (x1 as children)</b>	<ul style="list-style-type: none"> <li>• Leggings/jogging bottoms (not jeans).</li> <li>• T-shirt.</li> </ul>

will re-wear the same outfit for the 2<sup>nd</sup> wet activity as it is dried in the drying room)

- Old jumper.
- Very old, light-weight shoes (tied plimsoll style is ideal).

The rest of necessary clothing will be provided by PGL. Children are kept warm by the life preserver.

Helmet, cagoule & life preserver (from PGL)



T-shirt, old jumper, leggings/jogging bottoms

Old, light-weight shoes (they will get wet!)

#### Appropriate dress for water-based activities:

<b>Footwear</b>	<ul style="list-style-type: none"> <li>• 2-3 pairs of trainers or boots/suitable shoes. (No wellington boots) with warm socks.</li> </ul>
<b>Wash bag</b>	<ul style="list-style-type: none"> <li>• To include all the basic supplies your child will need during the week. Travel sized supplies work well as they don't take up too much space and are about the right size to last a week.</li> <li>• No aerosol deodorants are allowed.</li> <li>• Towel - for daily use in ensuite bathroom.</li> </ul>
<p><b>"Dry bag" - the bag that gets taken to the shower block after showers.</b></p> <p>It can help to pre-pack the drying bag with a label of what children need to add (e.g. Hair brush/shoes) so it is ready to go.</p>	<ul style="list-style-type: none"> <li>• Underwear.</li> <li>• Socks.</li> <li>• Trousers (not jeans).</li> <li>• T-shirt.</li> <li>• Warm jumper.</li> <li>• Dry shoes.</li> <li>• Shower supplies (shampoo and soap - travel sized work well).</li> <li>• Towel - 2<sup>nd</sup> towel as it may become muddy.</li> <li>• Hair brush (can be added later).</li> </ul> <p><b>A plastic bag to put these things in is helpful</b></p>

#### Additional items:

- 1x sleeping bag. These can be packed separately (don't forget to label) if it means a smaller suitcase can be used.
- 3-4 strong black bags which are clearly labelled with your child's name.
- 1 small bedtime toy (optional) \*.
- Torch (optional).
- Camera/disposable camera (optional) \*.
- A notebook & pencil case (optional).

**NO mobile phones.** We will give you a contact number and contact you if necessary.  
**NO games etc.** that need plugging in.

The most important thing to know about our Boreatton Park residential is that it is incredibly fun, it gives our children an experience they remember throughout their time in our school and also, it gives them the opportunity to try different activities and to have new experiences!

